



CFK ACADEMY NEWSLETTER



CFKA Wellness Day

By: Macey Carey

On Friday, August 5th, students and staff celebrated Wellness Day. Students participated in a variety of activities, including: Peace rock painting, slime making, dodge ball, writing in journals, meditation, and much more. These activities were used to practice Wellness, incorporate peace and to take care of our well-being. At the end of day, students reflected on what they enjoyed and what could be improved in a Google form.



Peace Garden with new rocks!

Junior-Senior Community Project

By: Jarrett Miller

The Juniors and the singular senior have begun planning this year's community service project: Tuga Totes. CFKA students will fill bags with all the supplies a child would need for school, like pencils, pens and erasers.



Juniors Damarla Thompson, Dahlia Genest, and Dominika Wojciechowska.

COMMUNITY

Upcoming Dates

September 15-18: Start with Hello week



September 15: PAC Meeting

September 16: Progress Reports



September 17: Constitution Day - Wear red, white and blue or green

September 20: Community Swim Night @Southernmost Beach Resort; 6pm

October 3: CFK campus tour



October 10: End of quarter 1/Ghost Tour @Key West Botanical Gardens

Club News and Updates

By: Abby Parsons



September has started, and so have our clubs. The majority of our clubs have had their first meeting, and are still looking for more members. If you would like to join, see the officers of the club you're interested in and talk to them about joining!

- Academic Challenge – Mrs. Hughes
- Music – Mrs. Hughes
- Art – Mrs. Hughes
- Fashion – Mrs. Hughes
- Interact – Mr. Hughes
- NHS – Dr. Drewel
- Student Council – Mrs. Garcia & Mrs. Hernandez



Students, Submit Your Art!

By: Heiglyn de Dios Herrada

The Journalism students are starting an "Art Corner" section in the newsletter soon. If you would like your art to be featured, please submit your MASTERPIECES to our Google Drive provided below:

<https://tinyurl.com/cfkanewsletterart>



Upcoming Clubs?

By: Gabriel Lawrence Johnson

There are a few CFKA students who are looking for interest in starting a few more clubs. These include:

- Dungeons and Dragons Club (Alexander Tolis)
- CFKA Coding Club (Gabriel Johnson)
- Astronomy (Rachel Stewart)

To contact the founders of these clubs, please email them at

- atolis@keysstudents.net
- gjohnson1@keysstudents.net
- r.stewart1@cfk.edu

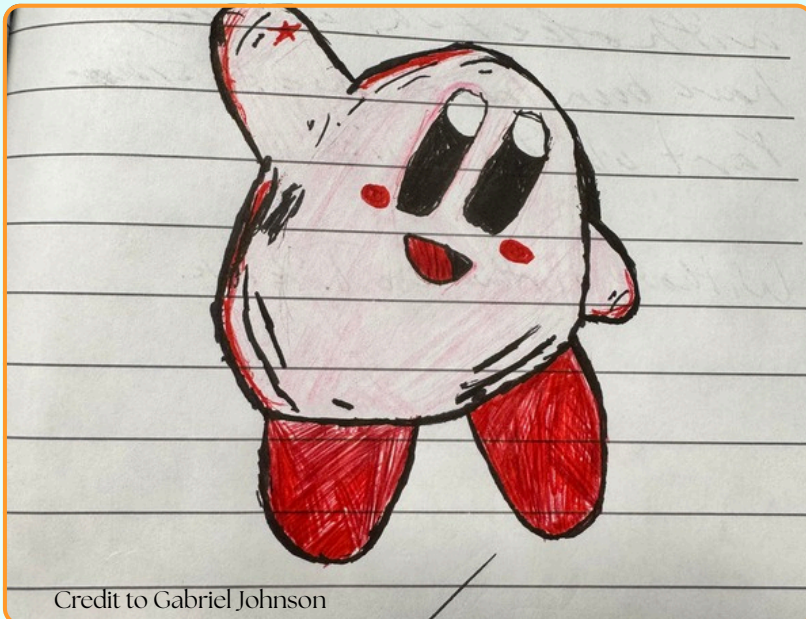


SUBMIT ART

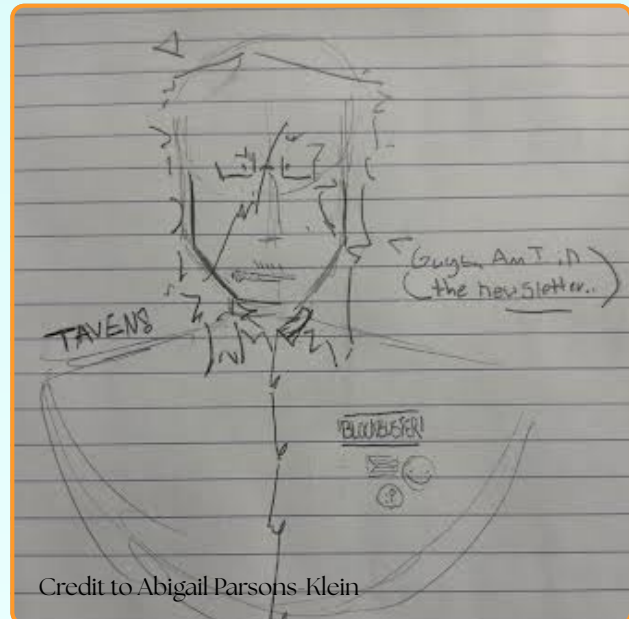
FOR THE NEWSLETTER

Journalism students are starting an Art Corner section in the newsletter. If you would like your art featured, please submit your art via the Google Drive link provided:

<https://tinyurl.com/cfkanewsletterart>



Credit to Gabriel Johnson



Credit to Abigail Parsons Klein

What's Happening In Our Classes?

By: Jayla Hobbs

In our classes, the CFK Academy students participate in fun activities, create posters, digital presentations and participate in PBL & school-wide initiatives.



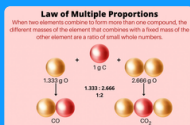
In Dr. Drewel's English class, the students are working in groups on different literary periods in time, such as the Victorian era or the Classical period. They will be beginning class reads soon.

In Mrs. Hughes' Math class, the students are drawing the layout of apartments, using rotation, reflection and translation.

In Mr. Hughes' History class, students are creating posters of different civilizations. Either about the Aztecs, Mayan or Inca civilization!



In Mrs. Garcia's Biology class, students are learning about water PH and in chemistry students are learning about the law of multiple proportions.



THE CFK ACADEMY STUDENT NEWSLETTER

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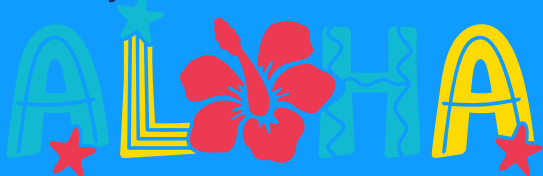
CREATED BI-WEEKLY IN
JOURNALISM
CLASS

Start With Hello Week

By: Gabriel Lawrence Johnson

Start With Hello Week encourages students to create a more inclusive and friendly school by reaching out, saying hello, and helping others feel seen and included. Small actions can make a big difference!

Starting September 15th, don't forget to say "Hello!" to your fellow students.



MONDAY
Meet-N-Greet Monday
Students are encouraged to use their own "Hello Style" by saying hello in a foreign language!

TUESDAY
Tell Someone Tuesday
Students give friendly notes to each other all day long telling them what they appreciate.

WEDNESDAY
Wear Green Wednesday
Students and staff are encouraged to wear green today as a symbol of unity, inclusivity and solidarity with Sandy Hook Promise.

THURSDAY
Thankful Thursday
Students are encouraged to write a thankful note to a trusted adult.

FRIDAY
Friendly High-Five Friday
Students and staff are encouraged to give high-fives to friends.

SEE SOMEONE ALONE

REACH OUT + HELP

START with Hello

A YOUTH VIOLENCE PREVENTION PROGRAM FROM SANDY HOOK PROMISE

September 15-19, 2025

Community Swim Night!
Saturday, September 20

@6pm! *Southernmost*
BEACH RESORT
— Key West —

Save the Date!

Haunted Garden
@Key West Botanical
Gardens
October 10th!!



Community Service

By: Diyari Cooper and Lillie Marlowe

Every Friday students volunteer at various organizations of their choice in Key West. Some examples of our volunteer groups include: Garden Guardians, Critter Litters, GAE Buddies, Afternoon Tea at the Oasis Senior Center, Pool Pals, Scientific Scholars, TWFAC theater helpers, CFK Activity Assistants and the Book Brigade at the CFK library.



Wen Jun Wang, Aiden Baker, and Chris from the Key West Botanical Gardens, helping with the cacti.



Counselor's Corner

By: Brenda Huebscher



Hello, students!

As we settle into the new school year, it's time to prepare for our first round of FAST Progress Monitoring, which begins on September 9th. Remember, this is just the first of three attempts you'll have this year, so it's a chance to build confidence and develop your test-taking skills. Feeling prepared can make a huge difference. Here are a few strategies to help you do your best on the FAST test and beyond:

Read the Directions Carefully: It sounds simple, but rushing through the instructions can lead to mistakes. Take a moment to understand exactly what the question is asking you to do.

Don't Rush, But Don't Linger: The test is timed, but you have enough time to think. Read each question thoroughly, but if you're stuck, make your best guess, mark the question to come back to, and move on. You can return to difficult questions later if you have time.

Eliminate Wrong Answers: When you're unsure, use the process of elimination. Cross out the answer choices you know are incorrect. This increases your chances of choosing the right answer from the remaining options.

Get a Good Night's Sleep: Your brain needs rest to perform at its best. Make sure you get a full night's sleep before the test. It's more helpful than cramming all night!

Remember, you've got this. Your teachers and I are here to support you every step of the way.

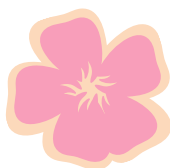
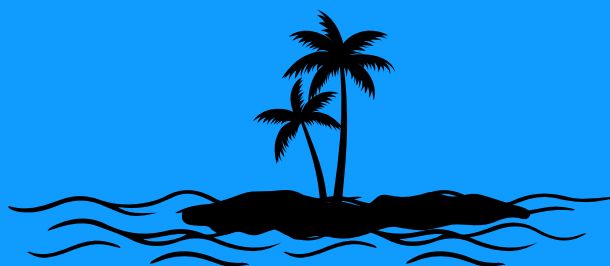
Brenda Huebscher

M.S. School Counselor, CFK Academy

NOW Scholarship Advisor, CFK

305-292-2400

<https://www.cfk.edu/cfkacademy>





September 2025

Mondays

Academic Challenge 9/8, 9/15, 9/22, 9/29

Tuesdays

Music 9/16: 1st/3rd of the month

Bible Study 9/16: 1st/3rd

Fashion 9/9, 9/23: 2nd/4th of the month

Thursdays

Interact 9/4, 9/18: 1st/3rd

Art 9/11, 9/25: 2nd/4th



Fridays

Student Council 9/5, 9/19: 1st/3rd

NHS 9/12, 9/26: 2nd/4th



Please note the following testing dates:

September 9: F AST ELA PM 1

September 11: FAST Retake

September 18: Algebra 1 & Geometry





CONSTITUTION

DAY

Wednesday, September 17 at 11:00am
Key West Campus Library

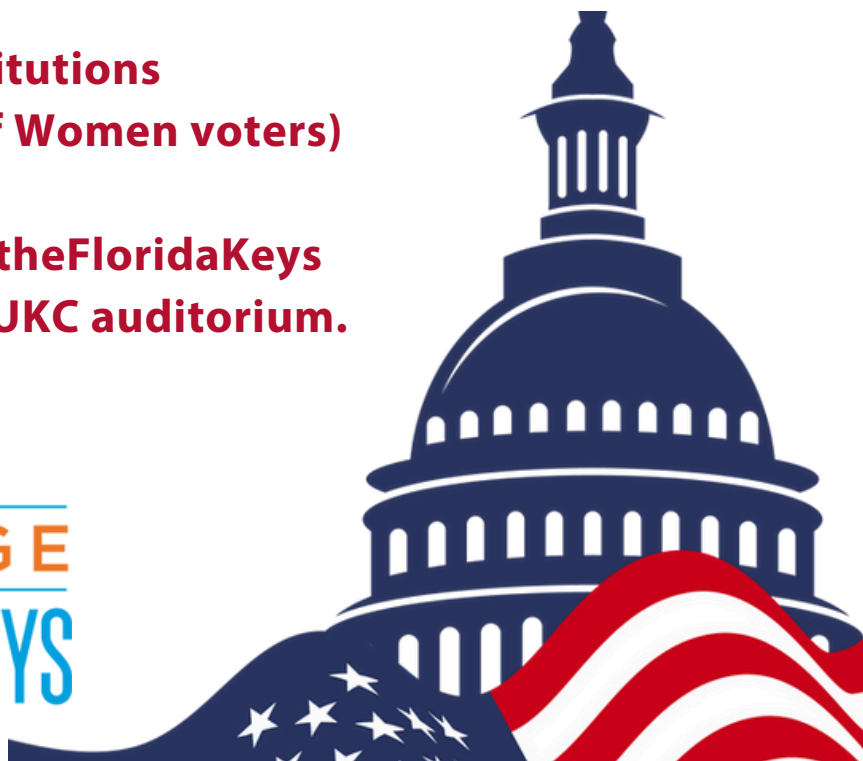
**The Constitution: A judge's perspective of the relevance of a 246
year old document to our lives today**

Speaker: Judge, Carol Rose

- **FREE lunch and pocket constitutions**
- **Voter registration (League of Women voters)**
- **Streaming Facebook Live!**
Facebook.com/TheCollegeoftheFloridaKeys
- **Watch the live stream in the UKC auditorium.**



THE
COLLEGE
OF THE
FLORIDA KEYS



Your child may be eligible for a TAKE STOCK IN CHILDREN College Scholarship Opportunity!



SCAN ME
TO APPLY

Application Requirements— Student must:

- Have a U.S. Social Security number
- Be enrolled in an approved Monroe County School in grades 6—9
- Have earned As, Bs, and Cs in all classes with a minimum 2.0 GPA
- Have passing scores on State standardized tests
- Meet financial eligibility requirements established by the TSIC Program (see chart below)
- Sign a contract agreeing to remain crime and drug free, attend school regularly, maintain a 2.5 GPA, and meet with a mentor once a week

The applicant's 2024—2025 academic records will be reviewed prior to application approval.
Please review the financial qualifications below:

2024 Federal Income Tax Return filed
by parent(s) or guardian(s) claiming
student as a dependent is required
to verify income eligibility.

Household Size	Annual Income
2	\$ 62,034
3	\$ 69,834
4	\$ 77,553
5	\$ 83,769
6	\$ 89,984
7	\$ 96,200
8	\$ 102,375

NOTE

Family income cannot exceed the levels shown in the chart

Applicant must provide a copy of his or her parent(s)/guardian(s)
2024 tax return or equivalent proof of income

W2 earning statements, payroll stubs, or bank statements are not accepted

Income guidelines provided by Florida Prepaid College Foundation

Contact a Take Stock in Children Team Member
nearest you for more information

Lower Keys

Ms. Orlinda Lorente Vento Ms. Angela Ewing
305-293-1549 305-296-5628
Ext: 53303 Ext: 65441

Marathon

Mrs. Traci Wittenwiler-Driscoll
305-289-2480
Ext: 55418

Upper Keys

Mrs. Autumn Hager
305-453-1255
Ext: 57412



Mr. Chuck Licis-Masson
Executive Director
Take Stock in Children Monroe
PO Box 2561, Key West, FL 33045
305-293-1546 or

TakeStock@MonroeCountyEdFound.com



MCEF

Monroe County Education Foundation



Request and submission of a completed application does not ensure a scholarship award.

Last year's (2024) IRS Form 1040 tax return required with TSIC scholarship application

The image shows a sample of the 2024 U.S. Individual Income Tax Return (Form 1040). Red boxes and arrows highlight key areas:

- Dependents:** A red box highlights the 'Dependents' section (lines 1-4), with an arrow pointing to the 'First name' and 'Last name' fields.
- Income:** A red box highlights the 'Income' section (lines 1a-11), with an arrow pointing to the 'Total amount from Form(s) W-2, box 1' field.
- Total income:** A red box highlights the 'Total income' line (line 9), with an arrow pointing to the 'Total income' field.

Student applicant's name must appear on the tax return.

Total family income cannot exceed income eligibility.

****REQUIRED****

2024 U.S. Income Tax Form 1040

- ▢ Student must be listed as a dependent
- ▢ Total income (line 9) cannot exceed the income eligibility guidelines listed by household size in the chart to the right
- ▢ Current Free or Reduced Lunch eligibility letter from Monroe County Schools
- ▢ SNAP, TANF, or HUD documentation as needed

Families may qualify with current SNAP documentation.
Income guidelines provided by the Florida Prepaid College Foundation.

Household Size	Annual Income
2	\$62,034
3	\$69,834
4	\$77,553
5	\$83,769
6	\$89,984
7	\$96,200
8	\$102,375

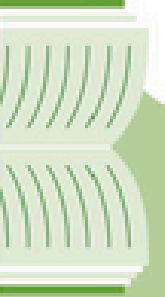
W-2 STATEMENTS OR PAYROLL STUBS ARE NOT ACCEPTED

THE CFKA CODING CLUB IS SEARCHING FOR INTEREST



[HTTPS://TINYURL.COM/CFKACODINGCLUBFORM](https://tinyurl.com/cfkacodingclubform)
PLEASE FILL OUT IF INTERESTED.

ake payments or add
s to a cafeteria
unt,



MENU

SEPTEMBER

Note: Menu items
subject to change due
to supply chain issues

Lunch

Easy Beef & Noodles
Roll Broccoli & Garden Side
d w/dressing Fruit of the day;
e & Milk

Chicken Nuggets w/ Dinner Roll
Mashed Potatoes w/ Gravy Corn;
Applesauce Juice & Milk

Cheeseburger Smile
Fries Baked Beans
Tropical Fruit Salad
Juice & Milk

Pizza Crunchers
Spiral Fries Green
Beans Banana
Juice & Milk

Mac N' Cheese Mini
Cornbread Loaf Mixed
Veggies Frozen Juice Treat
Juice & Milk

ed Ziti w/ Dinner Roll
ccoli & Garden Side Salad
dressing
ge Wedges
e & Milk

Tacos/Nachos Rice &
Beans Guacamole & Salsa
Tropical Fruit Salad Juice &
Milk

Chicken Nuggets w/ Dinner Roll
Mashed Potatoes w/ Gravy
Corn; Applesauce Juice & Milk

Hot Dog Spiral
Fries Green Beans
Orange Wedges
Juice & Milk

Pizza
Smile Fries
Carrots w/ Ranch
Apple Slices
Juice & Milk Grilled Cheese
Sandwich

ghetti w/ Meatballs
er Roll
ots w/Ranch
t of the day
e & Milk

Fortune Cookie
Rice & Broccoli
Pineapple
Juice & Milk

Manager's Choice
Flatbread Pizza
Spiral Fries Key West
Veggie Blend Juice & Milk

Cheeseburger Smile
Fries Baked Beans
Mandarin Oranges
Juice & Milk

Spiral Fries
Mixed Veggie Blend
Fruit Juice Treat
Juice & Milk

ken Parmesan
er Roll
ccoli & Garden Side Salad
dressing
ana; Juice & Milk

Rice & Black Beans
Guacamole & Salsa Cup
Strawberries
Juice & Milk

Chicken Sandwich
Boom Sauce
Cucumber Slices w/Ranch
Peaches
Juice & Milk

Smile Fries
Baked Beans
Mixed Berries
Juice & Milk

Pizza
Smile Fries
Carrots w/ Ranch
Apple Slices
Juice & Milk

Easy Beef & Noodles
Roll
ccoli & Garden Side Salad
dressing
of the day; Juice & Milk

Chicken Nuggets w/ Dinner Roll
Mashed Potatoes w/ Gravy
Corn; Applesauce Juice & Milk



Not e:
Cheeseburger includes
Lettuce, Tomato & Pickles Cup

Hot Dog –(Prek: Mini Corn
Dogs)

t the
duced Meals
ation



Check us out in Facebook and Instagram!



**SAVE
THE DATE!**



SATURDAY, NOVEMBER 1 | 10 AM - 2 PM
CFK KEY WEST CAMPUS

Live entertainment | Children's activities | FREE food & drinks
Academic showcases | Salute to veterans
CFK Historical Exhibit | FREE t-shirts
Food drive for Tuga Shelves food pantry

Please keep your fur buddies at home. No pets allowed.